

CITY OF SAN DIEGO RETIRED EMPLOYEES ASSOCIATION

GENERAL MEETING MINUTES

Meeting of April 13, 2010

Balboa Park Club Auditorium Balboa Park

The meeting was called to order by REA President Jim Baross. The minutes for March 9, 2010 and the Treasurer's Report of March 31, 2010 were approved unanimously.

It was reported that Bud Wyler of Street Division had passed away. He was in his 90's.

It was announced that the Boat House offers a free prime rib dinner on the 3rd Thursday to any patron whose birthday is in that month (proof of birthday needs to be provided).

Dave Hall reminded attendees that the SDCERS Board had not met since the last REA meeting. He introduced Cynthia Queen and remarked about the amount of work she does behind the scenes for all of the retirees. He added that the success in taking care of the individual issues of retirees is facilitated by Cynthia and her work with retiree representatives.

Cynthia Queen announced that the healthcare open enrollment brochure will be made available to all retirees, and the time of the meeting will be announced as soon as the date is made available to SDCERS staff.

The speaker, Capt. Joel A. Roos, Deputy Commander at the San Diego Naval Medical Center described the extensive program for the 4 million patients they serve every year. The Medical Center has 13,000 employees whose job it is to deliver top-quality patient-focused healthcare.

The program is focused on shaping the future of military medicine through education, training and research. Their training programs result in a board certification rate of 95%. They fill 6,000 prescriptions per day and carry out 4026 medical/dental visits and 1,000 immunizations each year

Of particular interest is the Medical Center's C5 program: Comprehensive Combat and Complex Casualty Care program, which does state-of-the-art work with prosthetics and other devices for helping wounded soldiers return to normal life. The C5 facility has 30,000 square feet and it includes a physical rehabilitation pool and a 30-foot rock climbing wall. Pilates, yoga and a very modern treadmill are included. The C5 program has cared for 837 medevac patients, 75 amputees and 2 blinded persons.

The Medical Center is concerned with transition and family support for wounded persons. There is also a Wounded Warrior Barracks, which, for competition's sake is divided among the Army, the Navy and the Marine Corps.

Project CARE is the Comprehensive Aesthetic Recovery Effort.

There is a mental health care emphasis to deal with depression, suicide and substance abuse. The goals are standard of care, quality of care, and preventative care. Mental disorders and substance abuse are going up. There is attention given to Post Traumatic Stress Disorder. There is a think tank for Mental Health issues. The American troops are deployed every day around the world, and it is the goal of the Medical Center to care for those who are physically or mentally wounded during those deployments.

Respectfully submitted,

Ruth Ann Hageman, Secretary